

## Rooster trainingen Somatic Leersum

Tijden	Maandag	Dinsdag	Woensdag	Donderdag	Vrijdag	Zaterdag
07:00 – 08:00						
08:00 – 09:00					Training	
09:00 – 10:00		Training		Training	Training	
10:00 – 11:00		Training		Training	Training	
11:00 – 12:00						
13:00 – 14:00						
14:00 – 15:00						
15:00 – 16:00						
16:30 – 17:30						
17:30 – 18:30						
18:30 – 19:30	Training		Training			
19:30 – 20:30	Training		Training			
20:30 – 21:30	Training					